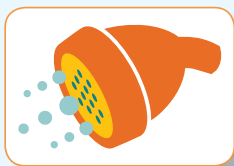


Infection Prevention *and You*

You are an important part of infection prevention!



If you are having surgery, ask if you should shower with a germ-killing soap ahead of time.



Speak up for your care!



Clean your hands and make sure everyone around you does too.



Take medications as directed.



Sneeze and cough into your elbow, not your hand.



Ask about safe injection practices. Remember: **One Needle, One Syringe, only One Time.**



Every day, ask if you still need your catheter.



If your room looks dirty, ask to have it cleaned.



APIC

Association for Professionals in Infection Control and Epidemiology

www.apic.org/InfectionPreventionandYou

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To help APIC members gear up for **International Infection Prevention Week 2014, October 19 -25**, APIC has provided these patient safety fliers to educate patients and families on their roles in infection prevention.

Infection Prevention and YOU

Visit APIC's webpage www.apic.org/InfectionPreventionAndYou to access tools and resources to get the word out to patients and healthcare workers within your healthcare organization. Here are a few simple things you can do:

1. Place this infographic poster in a patient care area.
2. "Like" the consumer-focused APIC—Infection Prevention and You Facebook page (www.facebook.com/APICInfectionPreventionandYou)
3. Include a link to the Infection Prevention and You consumer web page on your Facebook wall or Twitter post.



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