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David Michaels, PhD, MD Assistant Secretary of Labor for Occupational Safety and Health U.S. Department of Labor Room N-2625 200 Constitution Ave., NW Washington, DC 20210

Attn: OSHA Docket Office Docket No. OSHA-2010-0003

Dear Dr. Michaels:

The Association for Professionals in Infection Control and Epidemiology (APIC), an organization comprising greater than 13,500 infection preventionists, wishes to thank you for the opportunity to respond to your request for information on occupational exposure to infectious agents in settings where healthcare is provided.

Our comments are intended to represent the majority of our members who oversee infection prevention programs in a wide variety of healthcare settings in the USA, including hospitals, ambulatory care settings, long-term care facilities, and other care settings. Further, within these facilities efforts to protect the health and safety of both patients and healthcare workers and prevent transmission of disease are closely intertwined.

We are pleased to provide an organizational response on behalf of our members. However, because we are writing on behalf of the overall profession we will attempt to share our perspective on what reflects general practice among our members, rather than representing every care setting in which they work. We have also encouraged our members to respond directly to your inquiry.

We will address each section as appropriate for our overall organizational response, assessing employee health programs based on guidelines currently used by our members, whether hospitals or healthcare systems with affiliated organizations/facilities. For questions where it is not possible to respond we have indicated that with "N/A" (not-applicable).



# **OSHA Questions**

#### A. General

- 1. Since healthcare is provided in a wide variety of settings (as previously described), OSHA is interested in being able to sort the responses received by the characteristics of the workplace about which each responding entity is providing information.
  - a) As such, please describe the characteristics of the workplace to which you are referring. For example: type of workplace (e.g., hospital, long-term care, physician/dentist office, emergency medical services); size (e.g., number of hospital beds, number of residents, and average number of patients/clients); total number of employees (both direct care and administrative support).

APIC Response: APIC members oversee infection prevention and control (IPC) programs in many care settings including those mentioned by OSHA. As noted earlier, APIC includes more than 13,500 infection preventionists (IP) and others who provide guidance in the areas of infection prevention and control as well as employee health services in hospitals, health systems, and other healthcare organizations. We have urged our members to respond appropriately to OSHA questions related to their particular care settings. Emergency and laboratory services are typical within many of our member's hospitals except for small community or critical access hospitals. We will refer primarily to hospitals understanding that our members function in many other care-delivery sites within hospital systems or affiliated organizations.

- 2. While OSHA is primarily concerned about worker exposure to infectious agents in traditional healthcare settings, the Agency recognizes that there are other settings where healthcare may be provided and where occupational exposure to infectious agents may be a significant concern (e.g., drug treatment facilities, home health services, prison clinics, school clinics, and laboratories that handle potentially infectious biological materials).
  - a) Please describe any other work settings with an increased risk for occupational exposure to infectious agents that OSHA should consider, including why they should be considered. Please describe the nature and extent to which occupational exposure to infectious agents is a significant concern. For example, to which infectious agents are workers in these settings exposed and how often are they exposed? Please describe any infection control measures that can be or are being used in these settings.

#### **APIC Response:**

See #1 - Individual facilities affiliated with hospital systems are encouraged to respond according to their patient population and if any specific risks beyond the infectious agents addressed below for hospitals.

3. One of the most important steps in determining how to effectively protect workers from infectious diseases is identifying who is at risk of exposure.



a) What recommendations do you have for <u>how to determine</u> which employees are potentially exposed to contact, droplet, and airborne transmissible diseases in the type of workplace about which you are responding?

# **APIC Response:**

- a) In focusing on acute care hospitals in general, infection prevention and control (IPC) programs consider several key principles in determining who is at risk:
  - (1) Hospitals are concerned about the health and safety of all occupants, whether patients, healthcare workers (HCWs), or visitors. Therefore elements of the IPC program must include airborne, droplet and contact assessments, as well as attention to environmental/engineering controls for the environment affecting ALL occupants. (2) A risk assessment is developed for the specific population served and for the types of communicable diseases likely to be seen in the specific facility. For this purpose, the facilities utilize reportable communicable disease entries published weekly from local and state agencies as well as the CDC's weekly *Morbidity and Mortality Weekly Report* (MMWR). Therefore, specific issues may vary by locale. The best example is M. tuberculosis, (TB) for which CDC guidelines indicate that some areas may have minimal risk and need not carry out TB testing nor develop respiratory protection programs.
  - (3) General risks for healthcare workers (HCWs). All hospital personnel, whether they perform direct care or support services, are considered at some level of risk. Because HCWs may come into contact with patients, and all patients are considered potentially infectious, "Standard Precautions" apply to all and all HCWs receive basic education and training in how to prevent risk of infection to themselves and patients. (4) Specific risks. The disease exposure risk is similar for HCWs with direct contact with patients in adult populations and pediatric and neonatal populations. The risk assessment considers for example: whether a patient is suspected or known to have a communicable disease; the type and typical mode(s) of transmission, frequency and length/intensity of procedures, and the degree of contact. For example, risks are higher for HCWs working the emergency room evaluating patients with potential communicable disease (e.g., MTB) and could involve staff carrying out pulmonary procedures such as bronchoscopy. Additionally, some facilities may consider employees colonized with a multi-drug resistant organism (MDRO) such as MRSA to be the result of a prior occupational exposure, but it is very difficult to determine whether the colonization or infection was acquired on the job or from the community, since MRSA is widespread in the community. IPC programs place major emphasis on prevention and routine use of Standard Precautions. The IPC programs address potential risks by department/procedures and indicate if specific additional personal protective equipment should be used in addition to Standard Precautions. Members are encouraged to share samples of the exposure assessments or exposure control plans they use when assessing newly hired staff and needs for specific job training.
- b) How many of your total workers have a risk of exposure to such diseases during the performance of their job duties?



N/A. We encourage members to submit appropriate information.

c) What proportion of your workforce does this represent?

# **APIC Response:**

N/A. We encourage members to submit appropriate information.

d) What are the job titles or classification(s) of these workers?

# APIC Response:

N/A. We encourage members to submit appropriate information.

e) What are the job duties of these workers? To which diseases are they exposed?

# **APIC Response:**

APIC believes that exposure control plans typically reflect specific job titles or classifications like those developed for the OSHA Bloodborne Pathogens Standard (Sec. 1910.1030) and CDC's Influenza vaccination recommendations - whether direct care is being provided, whether there is frequent contact with patients, and, for support services, whether they are managing contaminated/used equipment. Disease exposures will reflect the patterns in the community -- whether they are airborne (e.g., MTB), large droplet (e.g. influenza, norovirus) or contact transmissible diseases (e.g. scabies, or various bacterial infections). IPC programs place major emphasis on prevention and routine use of Standard Precautions.

4. Workplaces vary in the types of infectious diseases and the number of infected individuals encountered. OSHA is interested in the types of diseases that your workplace encounters and how often they are encountered. Please describe your workplace's experience with infectious diseases over the past ten years (e.g., which diseases, how often).

#### **APIC Response:**

We believe this question of "experience" is ambiguous and may be interpreted by some individuals reading the question as meaning employees, while others read it as meaning patient admissions. For example, some may sum up the past 10 years of infectious disease classifications coded in medical records, others may use hospitals' copies of state-required forms for each type of recorded reportable disease sent to their local health department; yet others may use reportable disease logs for employees only, (OSHA Form 300A) as also reported to the local health department. Finally, some may only report exposures to infectious diseases -- not actual disease. We encourage our members to clarify which database or list is being used when responding to this question.

- 5. OSHA is interested in data and information that will further assist in characterizing workers' occupational exposure to contact, droplet, and airborne transmissible infectious diseases.
  - a) OSHA encourages the submission of your workplace or your industry's experience with these diseases and the impact of infectious diseases on your workers (e.g., type and



number of exposure incidents, occupationally-acquired infectious diseases, days of work missed, and fatalities).

# **APIC Response:**

We again encourage members to clarify the sources of the information they provide since "experience" is ambiguous in this question. Although it is not stated explicitly, the implication is that the data requested are from the OSHA Form 300A Database used to collect and report occupationally-acquired disease; some data submitted may be limited to just exposures and not disease outcomes.

b) Please provide information about any database that collects and aggregates data on occupationally-acquired infectious diseases (e.g., Federal, State, provider network, or academic).

# **APIC Response:**

It is not clear whether OSHA is looking for any database – manual or electronic. Beyond the OSHA Form 300A, which may be collected manually or electronically, other electronic systems include: (1) CDC's NHSN module for healthcare HCW exposures; (2) a number of commercial stand-alone databases for tracking sharps injuries, immunization status/vaccination, etc.; (3) state and CDC published communicable diseases which are reportable to local, state agencies. These reports are also published by CDC in the weekly MMWR; however, the diseases are not specific to employees and encompass ALL reported diseases.

c) Please provide any additional information, including peer-reviewed studies, which addresses occupational exposure to infectious agents that you think OSHA should consider.

# **APIC Response**:

See member responses as well as the current "CDC Infection Control in Healthcare Personnel Guideline 1998" which CDC's Healthcare Infection Control Practices Advisory Committee (HICPAC) is currently in the process of updating. Even in the current version of this guideline, the literature is replete with multiple citations for prevention/treatment strategies for infectious agents.

6. Infection control (IC) programs are currently the primary means of controlling occupational exposure to infectious agents. However, these programs are largely voluntary. OSHA is particularly interested in case studies that highlight experience in the implementation and effectiveness of IC programs in protecting workers against infectious diseases (e.g., the extent to which employers are fully implementing and consistently following their written IC programs).

#### **APIC Response:**

We believe that OSHA has mischaracterized IPC programs as "voluntary." Hospitals, ambulatory care centers, other care-delivery sites and related entities understand that in order to receive Medicare and Medicaid funds, these programs are mandated by CMS and any



agency which has received deemed status from CMS. Beyond reducing reimbursement, CMS hospitals not complying with its standards risk loss of certification or even their license if CMS determines the facility has unsafe conditions related to life safety codes and infection control standards. Therefore CMS and other accrediting agencies' enforcement affect both patients and HCWs. It might be noted that healthcare facilities (e.g., outpatient clinics) operating under health plans still require such programs and survey periodically for reimbursement. The CMS IC standards and interpretative guidelines (IG) have become a community standard for many such clinics.

a) For example, has your workplace had instances where a significant increase in infections (among either patients or workers) required more rigorous implementation of your IC program? If so, please describe any factors that contributed to the increase and what steps your workplace took to address the situation.

# **APIC Response:**

CDC Guidelines contain the assumption that there may be clusters or outbreaks from time to time. Hospitals use the CDC Guidelines Transmission-based section recommendations that are outlined in Tier 1. They are intended to ensure that basic Standard Precautions are first implemented properly and they include objective measurement of adherence to hand hygiene protocols and use of barriers. While promoting high rates of compliance with basic practices to avoid outbreaks in the first place, they further provide guidance in determining the need to move to Tier II, when additional steps may be needed in the case of an outbreak, so that it can be brought under control at the same time as the cause of the cluster or outbreak is investigated.

b) Please provide any studies that demonstrate the difference in infection rates between situations where the IC program had lapsed and situations where rigorous implementation of control measures was instituted.

#### **APIC Response:**

The cause of the cluster or outbreak may not necessarily be characterized as a 'lapse' but may be from a single unexpected source from the environment identified during the investigation. The initial response will always be to take steps to protect patients and personnel in as cautious a manner as possible to stop further transmission until the cause is known. Staff use both Isolation and MDRO guidelines. We encourage members to provide sample protocols.

- 7. While OSHA has a Bloodborne Pathogens standard (Sec. 1910.1030), the Agency does not have a comprehensive standard that addresses occupational exposure to contact, droplet, and airborne transmissible diseases. The Agency has other standards [(e.g., Respiratory Protection (Sec. 1910.134) and General Personal Protective Equipment (Sec. 1910.132)] that may apply and, in some situations, Section 5(a)(1) of the OSH Act (the General Duty Clause) would apply.
  - a) OSHA is interested in commenter's insights regarding the adequacy of existing OSHA requirements to protect workers against occupational exposure to infectious agents.



Although hospitals and other entities follow the OSHA Bloodborne Pathogen Standard carefully, we believe the high level of efficacy of the Hepatitis B virus (HBV) vaccine had an enormous impact on the reduction of HBV. Hospitals addressed the prevention of all bloodborne infections, continuing to follow CDC guidelines related to sharps devices and other barriers such as glove use during the early years of HIV detection, prevention and management of exposures -- developing what was then termed "Universal Precautions" to benefit both patient and worker. We acknowledge the impact of OSHA's standard but believe its impact was felt in many areas in which accessibility to HBV vaccination was less feasible. We also acknowledge the value of OSHA's attention to regular review of current safety devices, but also believe the current attention by CDC and CMS to increase focus on injection safety in all care settings is an important focus today. (This issue will be addressed further in APIC's public comments on the review of the Bloodborne Pathogens Standard.)

CDC TB Guideline address respiratory protection as part of the overall risk assessment by facility types. The Guideline continues to be the key resource to hospitals. When directed to use N95 respirators or related personal protective equipment (PPE) it does follow the OSHA Respiratory Protection program guidance as appropriate. Such OSHA guidance was referenced by the CMS requirement outlined in the CMS Infection Control Interpretive Guideline (IC IG). Hospitals also view the General Duty clause as comparable to CMS's mandate for a 'safe and sanitary' environment which can apply if a Life Safety code or infection control issue is deemed to be an "immediate harm" concern.

Hospitals and outpatient facilities are focused very much on reducing healthcare-associated infections (HAI) among their respective patients out of concern for patient and family safety. HAIs can also lead to a reduced payment from CMS for HAIs classified as Hospital—acquired Conditions (HACs). Further, reduced income is likely in the coming value-based purchasing (VBP) programs known also as 'pay for performance' programs. All the efforts using CDC Guidelines and other resources from CDC and the Agency for Healthcare Research and Quality (AHRQ) that are focusing on a safety culture are leading to reductions in HAI rates. It is critical to understand that successes with reducing infection risk among patients cannot be separated from the benefits to HCWs. For example, hand hygiene and use of barrier precautions for patients necessarily prevents transmission to workers, well beyond these specific pathogens and infections (bloodborne pathogens and TB).

- 8. California OSHA recently issued a standard for occupational exposure to "Aerosol" Transmissible Diseases that covers infectious diseases transmitted through the airborne and droplet routes. IC programs that are established in most healthcare settings address exposure to contact, droplet, and airborne transmissible diseases.
  - a) Please explain whether the Agency's deliberations on occupational exposure to infectious diseases should focus on only droplet and airborne transmission or if contact transmissible diseases should also be included.

# **APIC Response**:

We did not understand the need or justification for California's aerosol transmissible disease (ATD) standard, given the studies that were examined by OSHA and stakeholders that did



not demonstrate that the TB rate in HCWs was any higher than the general population. CDC droplet precautions (See Isolation guidelines) are implemented to prevent exposures to all, especially to HCWs, and are enforced by other agencies during various types of surveys. The most common mode of transmission – contact transmission – is equally important. Further, a great deal of education and training time is spent on prevention; as noted previously this is already enforced by various agencies. We believe that current CDC guidelines, currently enforced by other agencies, are adequate and another standard would be duplicative and burdensome for healthcare facilities.

9. If the Agency pursues rulemaking and promulgates a standard, jurisdictions with OSHA-approved State plans will be required to cover workers who OSHA determines are at occupational risk for exposure to infectious agents, including public employees. State and local governments are defined very broadly, and would typically include such entities as a university hospital associated with a State university as well as public hospitals and health clinics. What public sector healthcare or healthcare-related workers are at increased risk for occupational exposure to infectious agents? Please describe conditions unique to any of these occupations that are not seen in the private sector. Please describe any other issues specific to OSHA-approved State plans that the Agency should consider.

# **APIC Response:**

Contracts made with local universities for rotations of trainees through hospital training already include the same requirements for health assessment (e.g., showing proof of HBV vaccination) as well as training to reduce occupational exposure.

#### **B.** Infection Prevention and Control Plan

- 10. CDC/HICPAC's 2007 Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings recommends an IC program for addressing the transmission of airborne and other infectious diseases. In certain settings, the Center for Medicare and Medicaid Services (CMS) and the Joint Commission require that healthcare facilities have such programs.
  - a) If you are subject to the CMS or Joint Commission requirements or otherwise have an IC program, please provide information on the elements of this program (e.g., early identification of infectious patients, implementation of transmission-based control measures, HCW training) and how the program works.

#### **APIC Response:**

Infection Prevention and Control programs are very comprehensive and each key element, including occupational health issues, must meet the very detailed requirement of the CMS IC IG. The IC IG requires the program to be based on CDC's evidence-based guidelines. We encourage members to submit selected samples of protocols touching on specific issues.

b) If you are not subject to these requirements and do not have an IC program, how does your workplace address preventing contact, droplet and airborne transmissible infectious diseases?



N/A

11. In most cases, an IC program is managed by an infection control preventionist or other designated person. For example, the CDC/HICPAC guidelines recommend that the IC program be managed by individuals with training in infection control. Who manages your program? What percentage of this individual's time is spent managing the IC program?

#### **APIC Response:**

We expect many responses to this question based on facility size, since the same person may direct both IPC and Employee Health programs in many smaller facilities. We encourage members to submit appropriate information on these specific issues.

12. For the IC program(s) established in your workplace, please describe, in detail, the resource requirements and associated costs, if available, expended to initiate the program(s) and conduct the program(s) annually. Please estimate, in percentage terms where possible, the extent to which the components or elements in your program(s) are typical of those practiced throughout your industry.

### **APIC Response:**

We encourage members to submit comments as feasible, since some will have their own laboratories, vaccination programs etc., while others may have either access limitations or lack the resources needed to contract with outside laboratories, occupational health and safety clinics or local health departments.

13. In your industry, for the IC programs established in your workplace or for IC programs in other workplaces of which you are aware, are there any components or features that may present economic difficulties to small businesses? Please describe and characterize in detail these components and why they might present difficulties for small businesses.

#### **APIC Response:**

Although this does not apply to hospitals generally, we do have concern for the burden of a duplicative standard for small community and critical access hospitals that do comply with CDC guidelines and are surveyed by CMS and other accrediting agencies.

- 14. Periodic evaluation of IC program effectiveness is recommended by CDC/HICPAC and required by the Joint Commission and CMS for most types of facilities under their jurisdiction.
  - a) Please describe how your workplace or industry evaluates the effectiveness of its IC program, including the methods and criteria used. How often does your workplace evaluate its program?

#### **APIC Response:**

CMS and accrediting agencies call for a minimum of annual and/or periodic evaluations that involve risk reassessments or changes which are needed due to organizational programs affecting surveillance goals and strategies. Many also provide quarterly reviews



- of trends and issues to their Board of Trustees via quality, safety or infection control committees based on measurable performance improvement outcomes.
- b) Please describe the results your program has achieved (e.g., if there has been a decrease in patient and/or worker infections). Please describe any specific problems and/or successes that have been encountered in the implementation and operation of the program.

The trends reported to hospital Boards of Trustees from quality, safety or infection control committees are based on measurable performance improvement outcomes, including explicit employee health measures. It should be noted again, that the successes on reducing HAIs necessarily lead to lowered exposure risks to employees. We encourage members to submit samples of successes of reduced HAIs, understanding the direct impact on HCW health as well.

- 15. Most peer-reviewed literature evaluating IC programs focuses on protecting patients from contracting HAIs. While this body of evidence can be an indicator of worker exposure, OSHA is seeking data that more specifically address the occupational risk to workers. If your workplace has a system for tracking worker exposures or infections that may have been occupationally acquired, please share with us the following information:
  - a) A description of the tracking system and how it works;
  - b) The types of infection diseases encountered in your workplace and the number of exposures and/or infections tracked;
  - c) Exposure/infection rates; and
  - d) Any trend data.

#### **APIC Response:**

We encourage members to submit samples of tracking systems which typically involve both infection preventionists, medical staff, admissions personnel, employee health and with increasing frequency include electronic methods of alerting employees regarding proper precautions to avoid exposures.

#### C. Methods of Control

- 16. If your workplace has a process for early identification of patients or clients who may have an infectious disease:
  - a) Please explain how your workplace conveys information to workers about individuals who are confirmed or suspected of being infectious, so that proper precautions can be implemented.

### **APIC Response:**

We encourage members to submit samples of communications related to early detection and identification of patients needing specific levels of precaution according to the CDC guideline (similar to #15).



b) Please describe the degree of success with these procedures and whether you think that such procedures are likely to be effective in other healthcare or healthcare-related settings.

# **APIC Response:**

We encourage members to submit samples of early detection and communication of patient needing specific levels of precaution according to the CDC guideline.

- 17. CDC/HICPAC, CMS, and the Joint Commission provide a variety of approaches that employers can implement to reduce or eliminate workers' exposure to infectious agents. For example, a well-structured IC program can include: immunizations for vaccine-preventable diseases, isolation precautions to prevent exposures to infectious agents, training, personal protective equipment, management of workers' risk of exposure to infected persons, including post exposure prophylaxis, and work restrictions for exposed or infected personnel.
  - a) Please describe the types of problems/obstacles your workplace or industry encountered with implementing specific control measures. Please include a discussion of each control measure, the problem/obstacle encountered, the affected worker group, and any particularly effective solutions your workplace or industry has implemented to address the obstacle/problem.

# **APIC Response:**

We encourage members to submit samples of solutions for greater efficiency of protocols affecting workers. Examples of barriers may include lack of vaccine during past influenza seasons as well due to the delay in developing and production of the 2009 H1N1 vaccine.

18. When developing and implementing infection control measures in your workplace, are there any recommended controls that you have found to be ineffective or unnecessary in controlling infectious diseases? If so, please explain how you arrived at this conclusion.

#### **APIC Response:**

We encourage members to submit examples of such situations if identified. APIC believes the use of the CDC guidelines provide sufficient flexibility to identify and use the most effective controls for the given situation. These are based on science and require the appropriate application as needed.

- 19. Airborne infection isolation rooms (AIIRs) are recommended as one aspect of controlling certain airborne transmitted diseases (e.g., TB, SARS). OSHA recognizes that most workplaces outside of hospitals do not have an AIIR and will transfer persons requiring airborne precautions to a facility with the necessary capabilities.
  - a) If your workplace provides healthcare or other services to individuals requiring airborne precautions, how many of these patients/individuals has your workplace encountered in each of the last ten years?

#### **APIC Response:**



We encourage members to respond with their experiences as information is available. For example, some facilities may have agreements allowing the transfer of TB patients to long-term care facilities which do not have AIIRs.

b) If individuals requiring airborne precautions must be transferred to another facility, please describe how your workplace identifies and isolates them while they are awaiting transfer and if your workplace provides extended care to these individuals (e.g., a hospital), does it have sufficient AIIRs to isolate the number of infected individuals your workplace has handled at any one time?

# **APIC Response:**

Members are encouraged to provide this information as it applies, e.g., LTC agreement with their facility.

c) If not, how does your facility provide alternate means of isolation and how many additional AIIRs would be necessary to fully accommodate your normal patient load? Please describe how your workplace plans to address surge capacity in the event of an outbreak, epidemic, or pandemic. Please provide any additional information, including peer-reviewed studies, which addresses issues relevant to the use of AIIRs in your workplace or industry.

### **APIC Response:**

Members are encouraged to provide this information as it applies. APIC is aware and proud of the detailed plans members have developed in preparing for pandemic influenza plans over many years, and knows that much attention has been placed on the importance of AIIRs when planning for surge capacity, considering temporary anterooms and use of HEPA or negative air machines to generate negative pressure in the room.

- 20. CDC/HICPAC's 2007 Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings addresses the need for a safety culture and its role in improving a workplace's IC program (e.g., worker adherence to safe work practices).
  - a) Please describe the policies and actions undertaken in your workplace or industry to develop and maintain a culture of worker safety. Please describe any means that have been particularly effective in fostering a safety culture and any problems or obstacles that have been encountered in developing and/or maintaining the safety culture.

# **APIC Response:**

We increasingly recognize the critical importance of developing a safety culture involving teams working together for a common goal of HAI reduction in patients and reduced exposures and transmission to patients and workers alike. There are many examples across the country. For example, AHRQ is supporting the work carried out by the American Hospital Association's (AHA) Health Research and Educational Trust (HRET) to emulate the Michigan Keystone success in nearly all states. Dramatic reduction of HAIs are the result of HCWs working together to minimize -- even eliminate -- infections in patients, but also reduce the risk of HCW exposure through primarily high rates of compliance with hand hygiene and proper use of barriers. The



Keystone initiative is based on regular input and measurement of the safety culture among the staff in the care unit, and is not limited to ICUs. This is the basis for the frequent reference to "checklists". The use of checklists raises an awareness of "doing the right thing all of the time" and translates into overall concern for each other's safety, whether use of barriers or safe use of devices. We encourage our members to share their own similar successes.

Hospitals have Safety Management programs that also aim to foster a safety culture focused on the environment of care (EC). Much time and work is spent in our organizations on facility-wide performance measures and improvement. These programs include reduction of safety risks, reporting systems addressing occupational illness and actions that will prevent or even eliminate all types of safety risks, including, for example, sharps injuries. The Joint Commission focuses heavily on hospitals' safety programs that engage the employee in a culture of safety.

- 21. Poor adherence to infection control measures (e.g., failure to use necessary PPE or to follow recommended hand hygiene practices) can be one indicator of the breakdown of an IC program.
  - a) Please describe what actions have been undertaken in your workplace or industry to assess and enforce adherence to infection control measures.
  - b) What obstacles has your workplace encountered in maintaining adherence and are there any particularly successful ways you have found to maintain adherence (e.g., training initiatives, worker incentives)?
  - c) Please discuss any underlying factors that you feel may affect non-compliance with current infection control guidelines and standards in your facility.

#### **APIC Response:**

Members are encouraged to provide this information as it applies. In general, hand hygiene is not only the number one step in all checklists used to reduce HAIs, but is closely monitored as a major quality measure in organizations as they strive as part of their safety culture to demonstrate high rates of adherence. Hospitals follow CDC Hand Hygiene Guidelines. CMS and accrediting bodies place great focus on hand hygiene as well and closely observe actual practice on scheduled and non-scheduled surveys. Organizations are creative in their methods to aim for 100% adherence for both patient and worker protection. A major tool in this effort is the increased availability of alcoholbased hand rubs as well as well-placed sinks. Members are encouraged to provide additional examples.

- 22. The use of proper PPE is an essential component of an effective IC program. For example, CDC/HICPAC recommends that facemasks (e.g., surgical masks) be worn by workers when droplet precautions are implemented and respirators be worn under certain circumstances when airborne precautions are in place.
  - a) Please describe how your workplace determines when a facemask (e.g., surgical mask) is used for worker protection and when a respirator is used for worker protection.
  - b) How does your workplace determine which employees use a facemask and which use a respirator?



c) If your workplace uses different types of respirators, please describe what types and when they are used.

# **APIC Response:**

We understand and have encouraged compliance with OSHA's respiratory protection standard as it applies and is recommended in the CDC guidelines.

The CDC TB Guidelines recommend a risk assessment and if the criteria are met, the hospitals must implement worker TB evaluation as well as institute a full respiratory protection program. Members may indicate how they determine the number of HCWs trained and fitted for an N95 and training on fit checking. A number of facilities use other types of respiratory protections (e.g. PAPRs).

The CDC Guideline for H1N1 pandemic in 2009 led to a far greater number of HCWs requiring similar education, fit-testing, and training on fit-checking given the changes in assignments that may occur. N95s were given priority to staff performing procedures generating short range aerosols, given wide-spread limited supplies. If an organization had sufficient respirators they were used in accordance with the CDC guidelines.

APIC fully expects hospitals will comply during the upcoming flu season with the CDC guidance for use of facemasks for routine care, and N95s for the listed procedures generating short range aerosols. Members may supply additional details according to their supplies.

- 23. NIOSH regulates the testing and certification of respiratory protective equipment, has established minimum performance standards, and conducts independent testing and verification of all respirators prior to certification. The Food and Drug Administration (FDA) approval process for facemasks does not have established minimum performance standards and allows manufacturer submitted data. As noted in a 2009 IOM report, a 2008 study that examined the filter performance of nine different types of facemasks using the sodium chloride NIOSH challenge test, found wide variation in penetration (4 percent to 90 percent) of smaller aerosol particles. Therefore, the protective properties of different manufacturers' facemasks may vary.
  - a) Is there a need for a more rigorous certification/approval process for facemasks and additional independent verification of personal protective properties of devices?

#### **APIC Response:**

It would be of value to have a single standard for facemask performance. However, while we are aware of the cited IOM report, we are also well aware of related information on testing facemasks and respirators shared at subsequent IOM panels and NIOSH workshops addressing both. The challenge of using aerosolized saline as a particle surrogate for aerosolized human mucous was noted many times. In addition, studies indicate the differences between measuring penetration results in laboratory studies versus outcomes in real work settings. FDA participates in this scientific effort and should likely be queried by OSHA on this issue.



- 24. Some HCWs have medical conditions or are receiving treatments that impair their ability to resist infection. These HCWs may be unable to develop protective immune responses after vaccination.
  - a) What is your workplace or industry doing to educate its workers about these conditions? What approaches are being used/should be used to address the special needs of HCWs with these conditions?

As OSHA is aware, there are many privacy and confidentiality issues that must be considered. Therefore hospitals are very conscientious in assessing employees' lab results during pre-employment protocols, and in these situations, generally provide additional one-on-one counseling sessions on the importance of understanding and adhering to Standard Precautions. Employee Health makes accommodation as much as possible for injured workers, but there is no known "safe" unit in hospitals for assignment. As noted earlier, an important premise of infection prevention is realizing that all patients are potentially infectious. This means that many asymptomatic patients may be incubating and exposing others to an infectious disease agent such as influenza or varicella. In addition to adhering to Standard Precautions, such employees are urged to always report potential exposures so that the employee can be assessed, tested and receive appropriate prophylaxis. Members are encouraged to provide additional examples of their procedures.

# D. Vaccination and Post-Exposure Prophylaxis

- 25. In the Bloodborne Pathogens standard (Sec. 1910.1030), OSHA requires that hepatitis B vaccinations be made available to employees occupationally exposed to blood or other body fluids. It should be noted that while employers are required to offer the vaccine, employees are permitted to decline it. CDC/ACIP recommends a number of other vaccines for various groups of HCWs including: influenza (both seasonal and the 2009 H1N1); measles, mumps, rubella (MMR); varicella; tetanus, diphtheria, pertussis; (Td/Tdap); and meningococcal vaccines.
  - a) What vaccinations, other than hepatitis B, do you consider to be necessary to protect workers from occupational exposure to infectious agents?
  - b) Who should receive these vaccinations, and why?
  - c) Does your workplace offer vaccines other than the hepatitis B vaccine to workers and how do you determine who is offered these vaccines?

#### **APIC Response:**

The guidelines referenced do indicate the importance of these vaccines, many of which are childhood vaccines required by school systems and others are boosters such as Tdap. A very recent publication (Wei SC, et al. Clin Infectious Dis Aug 1: 2010; 51(3):315-321) demonstrated the effectiveness of Tdap in protecting against pertussis in a school, even in an outbreak setting. Most employee health policies require a thorough immunization history, and some require testing not only for HBV, but also for other antibodies (e.g. varicella) if employees do not have proof of immunity. This applies to all personnel. Depending on availability, some hospitals may administer the vaccines and



others refer personnel to local public health offices for vaccinations if the individual is lacking immunity. APIC encourages its members to follow ACIP guidelines (which are currently being updated) for HCW vaccination. CMS also surveys for this under IC IG.

- 26. The Bloodborne Pathogens standard (Sec. 1910.1030) requires that employers follow certain administrative and recordkeeping procedures (e.g., signing a declination statement; placing an employee's vaccination status in his/her medical record).
  - a) Does your workplace or industry use similar administrative and recordkeeping procedures for vaccines other than hepatitis B? If not, please describe what administrative and recordkeeping procedures are or should be used.

### **APIC Response:**

(See #25) Yes. As a matter of policy, hospitals maintain a record of prior and/or current immunization. Although proof of immunity is required at many facilities, if a new-hire does not have a particular immunization such as rubella, and the expectation is that all employees must have it as a condition of employment, an interview with appropriately trained medical/nursing staff may be required to ensure there is sufficient understanding that the worker is placing him/herself at risk.

- 27. Post-exposure prophylaxis (PEP) and evaluation for bloodborne pathogen exposures, such as hepatitis B and HIV, are addressed in the Bloodborne Pathogens standard [Sec. 1910.1030(f)]. OSHA is interested in post-exposure evaluation and PEP for other infectious diseases.
  - a) Please describe the current PEP and evaluation practices in your workplace. For what infectious agent exposures should workers be provided with PEP and/or evaluation? Please describe the disease, its associated PEP, and the PEP efficacy.

# **APIC Response:**

Hospitals rely very much on assessing workers for vaccine-preventable diseases, including influenza. Hospitals follow CDC Guidelines for the proper treatment or post exposure prophylaxis (PEP) depending on the type of infectious agent exposure.

- 28. In some instances, a vaccine may be available for a disease but a worker may decline vaccination.
  - a) Please describe procedures in your workplace that ensure workers who have declined vaccination have access to necessary PEP.

#### **APIC Response:**

(See #s 26-27) Hospitals offer appropriate PEP to employees regardless of vaccine status.

29. In order to appropriately evaluate the health status of a worker, some basic health information is needed. CDC/HICPAC recommends a personnel health service program for infection control that includes a number of components including: pre-placement evaluations, evaluation and treatment of exposure-related illnesses, and work restriction or work-



exclusion policies for exposed HCWs. OSHA is interested in the prevalence, content and efficacy of such personnel health service programs.

- a) What should be included in a pre-placement medical evaluation for a worker who will be exposed to infectious agents? Please describe the possible components of the medical history and physical exam and specific tests (e.g., TB skin test, spirometry, blood tests).
  - (1)How are pre-placement medical evaluations of workers addressed in your workplace?
  - (2) What do these evaluations include?
  - (3) If pre-placement medical evaluations are used in your workplace, have they been effective, and what metrics are used to evaluate effectiveness? Give the rationale, including references if available.

## **APIC Response:**

Hospitals generally follow CDC Guidelines for Infection Control in Healthcare Personnel and include in their pre-placement programs a medical history and physical exam. Examples of elements included are: past infectious disease history, exposures, vaccines, tests for TB (if appropriate per CDC TB guidelines), vaccine titers, overall health and fitness for the job being sought.

b) What type of ongoing medical surveillance or periodic medical evaluations should be provided for exposed workers? Please describe the possible components of such surveillance or evaluations. How often should periodic medical evaluations be conducted? In what situations should medical evaluations or surveillance be performed (e.g., return-to-work, fitness for duty)? How are periodic medical evaluations addressed in your workplace?

# **APIC Response:**

As noted earlier, comprehensive IPC programs involve surveillance by infection preventionists (IPs) and/or employee health following exposure assessments to ensure follow-up recommended treatment or testing. They also attend closely to "return to work" policies and procedures to ensure it is safe for employees to return.

c) In your State, are there State laws that apply to pre-placement and periodic medical evaluations of exposed workers? If so, what are they?

# **APIC Response:**

Members are encouraged to provide any state-specific regulations.

d) Please describe the administrative procedures used by your workplace to evaluate and treat workers who have been occupationally exposed and/or infected (e.g., who do they notify of the exposure/infection).

# **APIC Response:**

Members are encouraged to provide selected examples of procedure algorithms used to communicate with workers and others regarding exposures, where to go for care and treatment, education, and worker and family counseling.



e) How are the costs for treatment and follow-up (e.g., visits to physician, lab tests) handled in your workplace? If a worker is put on restrictions or excluded from work due to a work-related infectious exposure or illness, how are the worker's salary, benefits, and seniority handled by your workplace?

# **APIC Response:**

Members are encouraged to provide selected samples of policies addressing interactions with human resources for time off, return to work, and any workers' compensation processes.

#### E. Communication of Hazards

- 30. Training is generally considered a necessary component of an effective IC program in order to assure that workers understand the hazards they are exposed to and the proper methods of protection.
  - a) Please describe how your workplace assures that workers are adequately trained in the use of infection control measures, including how your workplace assesses if a worker has been adequately trained.
  - b) Please describe the contribution of training and education to improving adherence to your IC program. Please describe the format used by your workplace to conduct training (e.g., computer-based, written material, interactive classes, hands-on practice, other) and whether you have found some more effective than others.
  - c) Please describe what role, if any, knowledge and/or competency assessment plays in your workplace training program.

# APIC Response:

Members are encouraged to provide selected samples of policies addressing creative efforts for education, such as use of observations and "teachable moments" during Environmental Rounds. Selected procedures may include department-specific requirements for competency training.

- 31. Both initial and periodic worker training are recognized as important components of an effective IC program. Initial training provides information that workers need to protect themselves against exposures to hazards while periodic training refreshes worker knowledge, reinforces the importance of the IC program and provides a means of introducing new information and procedures.
  - a) What information should be included in initial training for workers who may be exposed to infectious agents? What is the best format for providing initial training to these workers (e.g., specifying a minimum number of hours of training, specifying training content based on job tasks, specifying that training be adequate to demonstrate specified competencies, by a combination of these methods or by some other method)?
  - b) How frequently does your workplace provide workers with refresher training on its IC program? What information should be included in periodic refresher training for workers who may be exposed to infectious agents?

# **APIC Response:**



Hospitals following CDC guidelines routinely offer initial and at least annual training on infectious diseases beyond MTB and bloodborne infections. Members are encouraged to provide selected samples of policies addressing education and training.

c) What is the best format for providing periodic training to these workers (e.g., specifying a minimum number of hours of training, specifying training content based on job tasks, specifying that training be adequate to demonstrate specified competencies, by a combination of these methods or by some other method)?

### **APIC Response:**

Hospitals following CDC guidelines routinely offer initial and at least annual training on infectious disease beyond MTB and bloodborne infection. Members are encouraged to provide selected samples of policies addressing education.

d) Should refresher training be provided based on lack of competency, or be provided at regular time intervals regardless of demonstrated competency?

# **APIC Response**:

Hospitals following CDC guidelines routinely offer updates using recent, evidence-based information to ensure that employees have the latest available information. Members are encouraged to provide relevant examples.

# F. Recordkeeping

- 32. Please describe the worker health surveillance system used in your workplace.
  - a) Does the system include tracking of occupational exposures to infectious agents and/or occupationally-acquired infectious diseases?
  - b) Please describe the procedures used by your workplace to determine whether an infectious disease is considered to have been occupationally-acquired.
  - c) How is the worker health surveillance information collected under the system used in your IC program? Please describe the factors that affect the successful implementation of such surveillance systems.

#### **APIC Response:**

Hospitals following CDC guidelines investigate each reported exposure using the latest information and updates from CDC to determine for each specific disease, definitions and circumstances whether the exposure was an occupational or community-based exposure. As indicated throughout this document, following these CDC guidelines, employees are tracked with appropriate follow-up using testing as needed.

33. The OSHA requirements for recording and reporting occupational injuries and illnesses contain an exemption for the common cold and flu (Sec. 1904.5(b)(2)(viii)). However, the Agency has determined that, if certain criteria are met, occupationally-acquired 2009 H1N1 pandemic influenza is recordable (OSHA Directive CPL-02-02-075).



APIC notes that the criteria appear to refer to initial reporting of individual cases during the beginning of a pandemic. Now that H1N1 is incorporated into the seasonal influenza vaccine, it would appear that this exemption would continue, since CDC has its Sentinel Surveillance systems for measuring cases in offices and emergency rooms. However, it does put new emphasis on the importance of seasonal vaccination.

a) As OSHA more broadly considers the issue of occupational exposure to infectious agents, what are the implications, if any, for the Agency's existing recording and reporting requirements under Sec. 1904?

### **APIC Response:**

We are concerned with an increased burden of reporting infectious agents (e.g.MRSA) when it is very difficult to distinguish occupational versus community acquisition. Instead of adding burdensome additional reporting requirements, the focus within facilities should be on timely post-exposure prophylaxis for targeted diseases to protect the health of employees.

# G. Economic Impacts and Benefits

- 34. As the Agency considers possible actions to address the prevention and control of infectious diseases (e.g., prospective standards or guidelines), what are the potential economic impacts associated with the promulgation of a standard specific to the hazards of infectious diseases?
  - a) Describe these impacts in terms of benefits from the reduction of incidents and illnesses; effects on revenue and profit; and any other relevant impact measure. If you have any estimates of the costs of controlling infectious disease hazards, please provide them.

#### **APIC Response:**

As indicated in responses on earlier questions, APIC does not see any additional gain from a highly redundant standard and the burden of documenting elements of infection prevention efforts for yet another government agency.

- 35. What changes, if any, in market conditions would reasonably be expected to result from issuing a comprehensive infectious diseases standard?
  - a) Describe any changes in market structure or concentration, and any effects on services, that would reasonably be expected from issuing such a standard.

#### **APIC Response:**

Such a standard would produce unnecessary increased costs that would take resources from other programs designed to protect workers and patients. This is primarily because of differences in methods of documentation and reporting absent a clearly identified problem. Because these efforts are already well-guided by other government agencies, they do not require additional monitoring by another government agency and represent a redundant and unnecessary cost burden for employers and taxpayers.

36. What are the potential benefits of more widespread compliance with infection control guidelines? How can OSHA best assure such compliance takes place?



APIC does not believe OSHA has demonstrated a specific problem that would permit development of a measure that would provide specific improvements over existing employee health and infection prevention programs.

# H. Impacts on Small Entities

37. How many, and what type of small firms, or other small entities, have infectious disease hazards, and what percentage of their industry (NAICS code) do these entities comprise? Please specify the types of infectious diseases encountered.

# **APIC Response:**

N/A

38. How, and to what extent, would small entities in your industry be affected by a potential comprehensive OSHA infectious diseases standard regulating occupational exposure to infectious agents? Do special circumstances exist that make controlling infectious diseases more difficult or more costly for small entities than for large entities? Describe these circumstances.

# **APIC Response**:

N/A

Thank you for the opportunity to respond to these questions. If we can be of further assistance, please contact Denise Graham at (202) 454-2617.

Sincerely,

Cathryn Murphy, RN, PhD, CIC

2010 APIC President

Denise Graham

**Executive Vice President** 

Denou Sharan