

## Mount Desert Island Hospital

### PPE Doffing Check List

The observer (Buddy) should not enter the room of a patient with Ebola, but will be in the PPE removal area to observe and assist with removal of specific components of PPE or respond for assistance in an emergency. Observers should don and doff PPE according to the same procedure outlined below with the exception of the PAPR. At the point where the Nurse entering the room puts on the PAPR, the Buddy will apply a N95 mask and face shield which can quickly be swapped out for PAPR if the buddy must enter the room to assist.

- Perform PPE doffing (removal) only in the designated PPE removal area.
- Place all PPE waste in a leak-proof biohazard waste container being careful not to touch contaminated surfaces
- The Buddy/ Observer (or scribe if one is available) reads aloud each step of the procedure. The Buddy confirms visually that PPE is removed slowly and properly, then signs off on the check sheet.

Healthcare Worker Action	Observer Notes
<ul style="list-style-type: none"> <li>○ <b>Alert the Buddy/observer of intent to exit the patient room.</b></li> <li>○ <b>Wait for the Buddy to signal “ok” to leave the pt. room</b></li> </ul>	<p>Remind the HCW to avoid reflexive actions that may put them at risk, such as touching their face before doffing begins.</p> <p>The Buddy places a doffing on the floor on entrance to the doffing or warm zone along with extra gloves and a biohazard bag where PPE will be discarded.</p>
<ul style="list-style-type: none"> <li>○ Before leaving patient room <b>inspect the PPE</b> to assess for cuts, tears or visible contamination.</li> <li>○ <b>Disinfect</b> paying special attention to any rips/tears/visible contamination on the PPE with EPA approved disinfectant wipes or spray*</li> <li>○ Remove Apron</li> <li>○ Remove foot covers</li> <li>○ Inspect again</li> </ul>	<p>Although the Buddy/observer should minimize touching the healthcare worker or their PPE during the doffing process, they may assist with removal of specific components of PPE as outlined.</p> <p><u><i>The Buddy/observer disinfects their outer gloves after handling any HCW PPE.</i></u></p> <p>The Buddy also inspects the HCW for rips/tears/visible contamination of their PPE. If noted, instruct HCW to disinfect using wipes or spray and then disinfect gloved hands.</p>
<ul style="list-style-type: none"> <li>○ <b>Disinfect outer gloves and tape</b> (if used) and allow to dry.</li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Step out of room onto doffing pad.</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Disinfect and remove outer gloves:</b> Peel the tape off the cuff toward the gown then Using glove -in-glove technique</li> <li>○ <b>Discard outer gloves</b></li> </ul>	<p>Take care not to contaminate inner gloves by removing tape slowly....peel it off the cuff. DO not pull it off the gown/suit</p>
<ul style="list-style-type: none"> <li>○ <b>Inspect and disinfect inner gloves</b></li> </ul>	<p>If visibly contaminated or torn, disinfect , remove inner gloves, perform hand hygiene and apply</p>

	clean gloves then disinfect the new gloves
<b>Remove PAPR</b> <ul style="list-style-type: none"> <li>○ Disinfect the PAPR belt with a disinfectant wipe</li> <li>○ Remove headpiece, blower, tubing, belt, and battery unit.</li> <li>○ Place all reusable PAPR components in the appropriate container</li> <li>○ Disinfect inner gloves</li> </ul>	PAPR with external belt mounted blower must be removed at this step. Assist with PAPR removal if necessary then disinfect gloves and then change gloves  Place all reusable PAPR components in an area or container designated for collection for disinfection
<ul style="list-style-type: none"> <li>○ <b>Remove coverall/suit</b> pulling down and away from body, rolling inside out and only touching the inside of the coverall.</li> <li>○ Discard the coverall</li> </ul>	Buddy, may assist HCW to avoid contact of scrubs with outer surface of coverall during removal.
<ul style="list-style-type: none"> <li>○ <b>Disinfect inner gloves</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Disinfect shoes:</b> Sitting on a clean chair, wipe down every surface of shoes with an approved disinfectant</li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Disinfect and remove inner gloves</b> using glove over glove technique Taking care not to contaminate hands</li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Discard inner gloves</b> and perform hand hygiene</li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Inspect:</b> Perform final inspection of HCW for any contamination of garments.</li> </ul>	If contamination is identified immediately inform the IP or designee before exiting PPE removal area
<ul style="list-style-type: none"> <li>○ <b>Shower and dispose of hospital scrubs</b> <b>Return to own clothing or scrubs</b></li> </ul>	Showers are recommended at each shifts end for HCW performing high risk patient care. Showers are also suggested for HCW's spending extended time in the Ebola patient's room
<ul style="list-style-type: none"> <li>○ <b>RECORD VITAL SIGNS</b></li> </ul>	On this form
<ul style="list-style-type: none"> <li>○ <b>HYDRATE WELL</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Report</b> any excessive fatigue and/or patient care activity concerns</li> </ul>	Note and report any HCW c/o excessive fatigue, concerns regarding patient care activities performed to the Ebola Response Team

Pt room \_\_\_\_\_ MR# \_\_\_\_\_

**Healthcare Worker vital signs:** Temp \_\_\_\_\_ Pulse \_\_\_\_\_ Resp. Rate \_\_\_\_\_ B/P \_\_\_\_\_

Report v/s out of normal range to Ebola Response Team member

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Healthcare Worker \_\_\_\_\_ Date \_\_\_\_\_ Exit Time \_\_\_\_\_

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Buddy/ Observer \_\_\_\_\_ Date \_\_\_\_\_

Reference: CDC Guidance on Personal Protective Equipment to be used by Healthcare Workers during Management of Patients with Ebola Virus Disease in U.S. Hospitals