

## Mount Desert Island Hospital

### PPE **DONNING** Check List

**While working in PPE**, healthcare workers (HCW) caring for Ebola patients should have no skin exposed.

**The primary role of the Buddy/** Observer in the donning process is to insure all HCW skin is completely and securely protected from exposure before the HCW enters the patient room (hot zone).

**A scribe** may also be used to facilitate reading of the instructions to allow the Buddy to focus attention solely on the donning and doffing process.

The Buddy/ Observer should not enter the room of a patient with Ebola with the HCW, but will remain in the PPE removal area to observe and assist with removal of specific components of PPE or be available to respond for assistance in an emergency.

The Buddy/observer at MDIH should don and doff PPE according to the same procedure outlined below with the exception of the PAPR. At the point where the HCW entering the room puts on the PAPR, the Buddy will apply a N95 mask, hood that covers the neck, and face shield which can quickly be swapped out for PAPR if the buddy must enter the patient room to assist. The PAPR has a **4 hr** battery life.

- **The Buddy/Observer (or scribe if one is available) reads aloud *each step*** of the procedure. The Buddy confirms *visually* that PPE is donned properly. When completed, the Buddy/trained observer signs off on the check sheet
- Prior to donning PPE, have HCW void. **Document baseline vital signs and encourage the HCW to hydrate.**
- Perform PPE donning only in the *designated PPE clean (cold) area*.
- PPE must be donned correctly in proper order before entry into the patient care area and not be later modified while in the patient care area.
- **Remind HCW, During patient care :**
  - Do not adjust PPE
  - Frequently disinfect gloved hands especially after handling bodily fluids
  - Clean high touch areas often and when soiled.
  - Change apron and foot covers when soiled
- If during patient care a partial or total breach in PPE (e.g. gloves separate from sleeves leaving exposed skin, a tear develops in an outer glove, a needlestick) occurs, the HCW must move *immediately* to the doffing area to assess the exposure. Implement the facility exposure plan if indicated by assessment.

Healthcare Worker Action	Observer Notes
<ul style="list-style-type: none"> <li>○ <b>Remove personal clothing</b> and jewelry and change into hospital provided scrubs and dedicated footwear.</li> </ul>	<p>Donning PPE begins only in a suitable clean area</p> <p>All personal items and jewelry must be removed No personal items shall be brought into the patients' room.</p>
<ul style="list-style-type: none"> <li>○ <b>Inspect PPE</b> for defects prior to donning</li> <li>○ <b>Test PAPR motor</b></li> </ul>	<p>Check for holes, tears, damage of any kind</p>
<ul style="list-style-type: none"> <li>○ <b>Perform hand hygiene</b></li> </ul>	<p>May use gel or soap and water</p>
<ul style="list-style-type: none"> <li>○ <b>Put on inner gloves</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Put on footed coverall</b> and tuck inner gloves under the sleeves. Place the sleeve tabs over each thumb.</li> </ul>	<p>Ensure that gown is large enough to allow unrestricted freedom of movement</p>
<ul style="list-style-type: none"> <li>○ <b>Put on shoe covers over the suit feet.</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ <b>Put on outer gloves with extended cuffs over the coverall sleeves</b></li> </ul>	<p>Cuffs may be taped with duck tape at this point for added security .leave a tape tab for easier removal. Create a seal BUT do not place tape tightly around the arms.</p>
<ul style="list-style-type: none"> <li>○ <b>Put on Respirator: remove filter tabs</b></li> <li>○ <b>Place unit around waste and adjust fit.</b></li> <li>○ <b>Put on apron</b></li> <li>○ <b>Place PAPR hood on head and adjust.</b></li> </ul>	<p>PAPR with external belt mounted blower must be placed at this step. Assist HCW with donning PAPR</p> <p>Buddy/Observer would place a hood followed with N95 particulate mask and face shield until PAPR is required making sure all skin is covered by the hood/shield</p>
<ul style="list-style-type: none"> <li>○ <b>Verify comfort and full range of motion within the suit</b></li> </ul>	<p>The buddy/observer inspects all aspects of the donned HCW for breaches in protection during movement before the HCW enters the patient room</p>
<ul style="list-style-type: none"> <li>○ <b>Disinfect outer gloves with approved wipes and let dry prior to patient contact</b></li> </ul>	

Pt room \_\_\_\_\_ MR# \_\_\_\_\_

Healthcare Worker vital signs: Temp \_\_\_\_\_ Pulse \_\_\_\_\_ Resp. Rate \_\_\_\_\_ B/P \_\_\_\_\_

Report vital signs out of normal range to an Ebola Response Team member

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Healthcare Worker

Date

Enter Time

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Buddy/ Trained Observer

Date